



# ALLIANCE HOCKEY

Atom Pathway  
2020-2021 Season Plan

## ALLIANCE HOCKEY ATOM PATHWAY SEASONAL PLAN

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### PLAYER EVALUATION / SELECTION / TRYOUTS

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- No player evaluation/tryouts:
  - during the Off-Season Phase (April 13, 2020 – September 7, 2020)
  - prior to or during the first week of school (September 8-13, 2020)
  - during the first week of school when school begins the week after Labour Day
- When school begins before Labour Day, there must be **four** practice/skill sessions beginning the week following Labour Day before player evaluation/tryouts commence.
  
- **Prep Phase: Must** offer a minimum of **four** practice/skill sessions prior to formal player evaluation/tryouts starting.
  - Practice/skill sessions should be organized by the Association, not the team. Strongly recommend that the Coaching staff of the team does not run the Prep Phase.
  - Minimum 50-minute ice session. May offer two separate sessions in one day. i.e. Saturday at 10:00AM & at 6:00PM
  - 40-45 participants per ice session
  - Ice Sessions need to be focused on skill based/small area games
  
- **Tryouts:** Must provide a minimum of **three** formal player evaluation/tryout sessions before releases are offered.
  - One skills session, one small area games session, one formal game (Intersquad or exhibition)
  - Tryout exhibition game should be scheduled keeping travel minimal.
  - Recommended that Players do not try out based on a specific position, but rather be encouraged to play both forward and defense.
  - Players should be selected for teams based on skill, not positional preference.
  - Coaches have a total of 7 days to select players. No releases are allowed until the three ice times have been completed. Coaches may sign players at anytime during the 7 days.

### DEVELOPMENT PHASE

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- Must be development time period following both team selection and prior to the start of the Regular Season:
  - Three-week period (21 days)
  - May participant in one Tournament that will be included in the total allowed for the season.
  - Maximum of 4 exhibition games.



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## REGULAR SEASON PHASE

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- **AAA (Pavilion)**
  - 16-week Regular Season (October 13, 2020 - February 7, 2021)
  - 27-game Regular Season, 3 games in your own division (15 games) and 2 home & away games with opposing division (12 games).
  - May participate in three tournaments throughout the Regular Season/Playoff Phase. Christmas Break tournaments are included in the total allowed for the season.
  - Seasonal break (December 23, 2020 – Friday January 1, 2021) will be incorporated where no Regular Season games shall be scheduled.
  
- **A/AA (Seeded)**
  - 20-week Regular Season (October 19, 2020 - March 21, 2021)
  - Regular Season; 15 games (9 weeks). Following the Regular Season, teams will be split into Bristol(A) & Constellation(AA) with Playoff round games to be scheduled with each opponent in respective divisions. Game totals will depend upon the number of teams.
  - May participate in three tournaments throughout the Regular Season Phase. Christmas Break tournaments are included in the total allowed for the season.
  - Seasonal break (December 23, 2020 – Friday January 1, 2021) will be incorporated where no Regular Season games shall be scheduled.
  - Bristol(A) & Constellation(AA) Playoff round will begin as of January 2, 2021.
  
- **MD (Minor Development)**
  - 14-week Regular Season (October 26, 2020– February 14, 2021).
  - Seasonal Structure to be determined based upon the number of teams.
  - May participate in three tournaments throughout the Regular Season Phase. Christmas Break tournaments are included in the total allowed for the season.
  - Seasonal break (December 23, 2020 – Friday January 1, 2021) will be incorporated where no Regular Season games shall be scheduled.

## PLAYOFF PHASE

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- **AAA (Pavilion)**
  - Round Robin home & away Playoff schedule within your own division (East or West), 5 x 2 = 10 games
  - Playoff final standings will determine the seeding for the ALLIANCE Hockey Championship Weekend
  
- **A/AA (Seeded)**
  - Playoff Phase is the round of play with teams split into Bristol(A) & Constellation (AA).
  - Bristol(A) and Constellation(AA) final standings will determine the seeding for the ALLIANCE Hockey Championship Weekend.



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- **MD (Minor Development)**
  - Playoff Phase will see a re-tiering into Tier 1 & 2 (pending on parity in League).
  - Round Robin home & away Playoff schedule within the respective tiered divisions.
  - Final standings will determine the seeding for the ALLIANCE Hockey MD Championship Weekend.

## ALLIANCE CHAMPIONSHIP WEEKEND

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- Major Atom will be completed a weekend earlier than Minor Atom because those Championship teams qualify for OHF Championships.
- OHF Championships scheduled April 9-11, 2021.
- **AAA (Pavilion) Host & Dates TBD**
  - Major Atom – March 26-28, 2021
    - All teams qualify for ALLIANCE Championship Weekend
    - Top two ALLIANCE teams from ALLIANCE Championship Weekend will advance to OHF Championships
  - Minor Atom – April 2-4, 2021
    - All teams qualify for ALLIANCE Championship Weekend
- **A/AA (Seeded) Host & Dates TBD**
  - Major Atom A & AA – March 26-28, 2021
    - All teams qualify for ALLIANCE Championship Weekend
    - Top two ALLIANCE teams from ALLIANCE Championship Weekend at A and AA will advance to OHF Championships
  - Minor Atom A & AA – April 2-4, 2021
    - All teams qualify for ALLIANCE Championship Weekend
- **MD (Minor Development) Host TBD**
  - Minor & Major Atom – April 9-11, 2021
    - All teams qualify for ALLIANCE Championship Weekend
    - Will be split into Tier 1, 2, 3 (pending league parity)



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## SEASONAL STRUCTURE CHART

### AAA Pavilion

Phase	Prep Phase	Tryout Phase	Development Phase	Regular Season Phase	Playoff Phase	Championships Weekend
Volume	6 Days	7 days	3 Weeks (21 Days)	16 Weeks (112 Days)	5 Weeks (35 Days)	3 Days
Practices	Minimum 4	3-5	6-8	30-40	8-12	None
Games	None	2 Exhibition	4 Exhibition	27	10	3-5
Tournaments	None	None	Four Total (Three before January 1 <sup>st</sup> and One after)			

### A/AA Seeded

Phase	Prep Phase	Tryout Phase	Development Phase	Regular Season Phase	Playoff Phase	Championships Weekend
Volume	7 Days	7 days	3 Weeks (21 Days)	21 Weeks	None	3 Days
Practices	Minimum 4	3-5	6-8	40-50		None
Games	None	2 Exhibition	4 Exhibition	TBD		3-5
Tournaments	None	None	Four Total (Three before January 1 <sup>st</sup> and One after)			

### MD Minor Development

Phase	Prep Phase	Tryout Phase	Development Phase	Regular Season Phase	Playoff Phase	Championships Weekend
Volume	7 Days	7 days	3 Weeks (21 Days)	15 Weeks	5 Weeks	3 Days
Practices	Minimum 4	3-5	6-8	25-35	7-10	None
Games	None	2 Exhibition	4 Exhibition	TBD	TBD	3-5
Tournaments	None	None	Four Total (Three before January 1 <sup>st</sup> and One after)			